

90% British women who travel to Barcelona for fertility treatments seek an egg donation

- Institut Marquès participates in the Fertility Show, which will take place in London this week, with a seminar on egg donation abroad
- Spain is the first destination for European egg donation treatments

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90% of British women who travel to Barcelona for fertility treatments seek an egg donation, according to data by Institut Marquès, an internationally referenced assisted reproduction centre. In most cases they are women over age 40 who have undergone previous treatments in the UK.

Many of them will attend the <u>Fertility Show</u> in London, an event that once every year brings together the best fertility experts worldwide and women interested in latest advances in the reproductive field.

British women, the Europeans who most travel for egg donation

According to the report by the ESHRE *Cross border reproductive care in six European countries* published in Human Reproduction journal in 2010, British patients are the Europeans who undergo egg donation treatments abroad the most, surpassing Italian, German, Dutch, French, Norwegian, and Swedish patients.

The report indicates that **one in every three British women chooses Spain for fertility treatments**. The reasons to travel abroad include 37% cases of failed treatment in the UK, 34% difficulty to access an egg donation in the UK, 28% search to medical quality, and 9% for legal purposes.

According to Dr. Victoria Walker, "most of our British patients come to Barcelona being aware that egg donation is their last chance. Many of them haven't achieved pregnancy with In Vitro Fertilization using their own eggs, and henceforth come here having assumed they will need a young donor's egg to become mothers."

In these cases, the medical team clarifies the differences in <u>egg donation</u> in Spain in comparison to the UK: "Spanish law establishes egg donation is anonimous and only doctors know who each patient's donor has been. Donors are young, altruistic girls who want to help other women and are helped by the compensation to finish their studies", continues Dr. Walker.

Medical quality is another of the main reasons why British women travel abroad for fertility treatments. At Institut Marquès, the <u>results</u>, which are audited by Catalan health authorities, indicate the chance of pregnancy per cycle using egg donation is 73%. The probability of having a multiple pregnacy is 13.8%, much beneath the European average which lies around 20%, according to the ESHRE.

Institut Marquès, by means of its office in London, cooperates with dozens of English clinics that recommend the Spanish centre whenever their patients ask where to go for an egg donation. Communication between the doctors in UK and Spain results in increased continuity of care: the patient feels she is truly receiving personalised treatment, and also ensures the patient is supported in both places, whatever the outcome of treatment.

About Institut Marquès

Institut Marques is a tertiary care referral centre in Barcelona for the treatment of infertile couples worldwide, specialized in the diagnosis and treatment of couples with long-standing unexplained infertility, egg and sperm donation and embryo adoption, genomic male factor and the development of cutting-edge technologies for Preimplantational Genetic Diagnosis (PGD).

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